



SAN DIMAS SENIOR CENTER
245 E. BONITA AVE.
SAN DIMAS, CA. 91773

San Dimas Senior Center

FEBRUARY 2026

MONDAYS, TUESDAYS, WEDNESDAYS, THURSDAYS AND FRIDAYS @11:00AM

Monday

Tuesday

Wednesday

Thursday

Friday

2 SAVORY BEEF STEW HERBED BRUSSELS SPROUTS MASHED POTATOES FRESH FRUIT ROLL	3 ENCHILADA CASSEROLE BLACK BEANS MESCULUN SALAD KIWI BROWN RICE	4 LENTIL SOUP BAKED POLLACK N' LEMON SUACE YELLOW SQUASH BROCCOLI SALAD APPLE SAUCE BARLEY PILAF	5 BBQ CHICKEN GREEN PEAS COLESLAW CANNED PEAR MAC N CHEESE	6 CHICKEN SOUP HOT TURKEY SANDWICH GREEN BEANS SPINACH SALAD
9 VEG CHILI BROCCOLI MIXED SALAD GREENS PINEAPPLE & MANGO BREAD	10 HAWAIIAN CHICKEN BREAST MESCLUN SALAD CANTALOUPE OR TANGERINE BROWN RICE	11 TURKEY MILANESE ZUCCHINI CHOPPED MIXED SALAD BANANA	12 SPLIT PEA SOUP SALMON WITH DILL SAUCE GREEN BEANS BEET SALAD ORANGE ROLL	13 HOT N' SOUR SOUP ASIAN BEEF STIR FRY MIXED ASIAN VEG CARROT RAISIN SALAD KIWI BROWN RICE
16 <i>Presidents Day</i>	17 MUSHROOM SOUP SPAGHETTI N' MEAT SAUCE GREEN BEANS BROCCOLI CHOPPED SALAD N' KALE PEAR	18 BEEF FAJITA PINTO BEANS GREEN SALAD CANTALOUPE OR TANGERINE TORTILLA	19 ROAST TURKEY BREAST BAKED YAM OR SWEET POTATO HERBED BRUSSEL SPROUTS PINEAPPLE N' MANGO CUP BREAD	20 BEEF FAJITA PINTO BEANS GREEN SALAD CANTALOUPE OR TANGERINE TORTILLA
23 KOREAN BBQ HERB ZUCCHINI BROCCOLI SALAD PINEAPPLE HERBED BROWN RICE	24 GARDEN VEG SOUP FISH VERA CRUZ BLACK BEANS CREAMY COLESLAW BANANA BREAD	25 TOMATO BASIL SOUP CHICKEN DIJON GREEN BEANS CHOPPED SALAD WITH KALE PEACH ROLL	26 STUFFED BELL PEPPER GREEN PEAS ROMAINE SALAD ORANGE OR TANGERINE BARLEY OATMEAL COOKIE	27 VEG PAELLA BROCCOLI SPINACH SALAD MANGO BROWN RICE

**YWCA IS ON
A MISSION**

YWCA San Gabriel Valley
Senior Services Department
101 S. Barranca Avenue,
Covina, CA 91724
Phone: 626-214-9456

*** SUBJECT TO CHANGE WITHOUT NOTICE *** ALL ENTREES INCLUDE AN 8oz CARTON OF MILK ***

SUGGESTED DONATION OF 3\$

ADMINISTERED BY YWCA SAN GABRIEL VALLEY AND FUNDED IN PART BY THE LOS ANGELES COUNTY AREA AGENCY ON AGING THROUGH
THE OLDER AMERICANS ACT OF 1965 AS AMENDED.

North Hills

